## **NOTEWORTHY NEWS**

We do not have any major announcements to report at this time! Please don't hesitate to inform the studio of any upcoming performances in which your child will be participating! It is always nice and encouraging to see friendly faces in the audience!

### **WORKSHOPS!**

Our first Piano Workshop of the year was held on November 10,<sup>th</sup> where students focused on how to overcome nerves and anxiety. In this case, the workshop was specifically targeting the preparation for our upcoming Christmas Recital, but the tips and suggestions learned at the workshop can be applied to any future performances!

Thank you to our hosts Luisa and Elise Ceolin, and to all of our students who attended the Piano workshop!

#### **Student Exam Results!**

Student	Category	Result
Dhruv Jain- Rastogi	Grade 1 Piano	81%
Shane Pinto	Grade 7 Piano	78%
Daniela Bredin	Grade 7 Piano	82%
Emma Chan	Grade 5 Piano	78%
Shane Pinto	Grade 2 Theory	93%

Congratulations to all of our students for their success of their exams! We wish the best of luck to all of our students who will be completing exams, and participating in Festivals in Term 2!

## **Cold Weather Tips for Singers!**

- Hydrate the combination of the cold, windy, dry air outside, along with central heating indoors can really dehydrate a throat! When the throat is dry, the vocal folds aren't as flexible, which means they don't' work as well. Drink plenty of water throughout the Winter months!
- 2. Warm Drinks building upon the idea of hydration, there are a number of caffeine-free herbal/fruit teas that are very soothing for the throat. Adding a little honey to your warm beverage also goes a long way!
- Warm-Up Always give yourself time to warmup before a vocal performance. Sometimes after being out in the cold, more time than usual is required, as your body needs a few minutes to acclimatize before beginning to vocalize.

# Congratulations to all teachers and students for a very successful First Term! We look forward to hearing everyone's upcoming recital performances! See you there!

"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." -Plato

Carswell Music Studios has an exciting section on our website which you can reach at www.carswellmusic.com. A number of our students' pictures are featured there. These pictures were taken by our talented webmaster and Internet specialist, Dave Lowe. Check it out at www.carswellmusic.com!